

Pre-Session Check List

	Pre-Session Checklist	Required Answer	Response Yes/No
1	Have you assessed yourself for COVID symptoms? Self-Assessment	Yes	
2	Have you taken your temperature and is it within normal range?	Yes	
3	Has your participant completed the Initial COVID screening tool?	Yes	
4	Has your participant been cleared for session or have they answered yes to question 3 but would still like to participate in session at their own risk?	Yes	
5	Has your participant filled out the waiver form?	Yes	
6	Have you contacted your participant within 2 hours of their session to ask screening questions? 1) Are they experiencing any symptoms? 2) Have they been in contact with anyone experiencing symptoms? 3) Have they travelled outside the province since their last session? 4) Any other questions you feel would help you assess risk.		
7	Has your participant taken their own temperature and are within normal range on day of session? If not, ensure you take temperature immediately upon arrival.	Yes	
8	Do you have enough PPE?	Yes	
9	Have you booked enough time between participants to properly ensure safety of participants and yourself and to allow time for thorough cleaning of vehicle and equipment?	Yes	
10	Do you feel comfortable proceeding with session?	Yes	