

INITIAL COVID-19 PARTICIPANT SCREENING TOOL

Based on the Alberta Kinesiology Associated Client Screening Tool

| | | Yes | No |
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| 1. | Do you have any of the following symptoms which are new or worsened if associated with allergies, chronic or pre-existing conditions: fever, cough, shortness of breath, difficulty breathing, sore throat, and/or runny nose? | | |
| 2. | Have you returned to Canada from any outside the country in the past 14 days? | | |
| 3. | COVID-19 may pose a higher risk to certain demographics and those with certain health conditions. Are you over the age of 65? Do you have any of the following health conditions: cardiovascular disease, diabetes, acute or chronic respiratory disease, hypertension, cancer, or immunodeficiency? <i>If yes, do you feel comfortable proceeding with sessions at your own risk?</i> | | |
| In the past 14 days, at work or elsewhere, while not wearing appropriate personal protective equipment: | | | |
| 4. | Did you have close contact* with a person who has a probable ** or confirmed case of COVID-19? | | |
| 5. | Did you have close contact with a person who had acute respiratory illness that started within 14 days of their close contact to someone with a probable or confirmed case of COVID-19? | | |
| 6. | Did you have close contact with a person who had acute respiratory illness who returned from travel outside of Canada in the 14 days before they became sick? | | |
| 7. | Did you have a laboratory exposure to biological material known to contain COVID-19? | | |

If the client answered "YES" to any of the above questions, you are not permitted to proceed with your treatment in-person. If the client answered "NO" to all of the above, you can proceed to complete essential in-person services.

*Close contact includes providing care, living with or otherwise having close prolonged contact (within 2 meters) while the person was ill, or contact with infectious bodily fluids (e.g. from a cough or sneeze) while not wearing recommended personal protective equipment.

**Probable case is a person with clinical illness who had close contact to a lab-confirmed COVID-19 case, while not wearing appropriate personal protective equipment, OR a person with clinical illness who meets the COVID-19 exposure criteria, AND in whom laboratory diagnosis of COVID-19 is inconclusive. Clinical illness of a probable case is new onset/exacerbation of the following symptoms: fever (over 38 degrees Celsius), cough, shortness of breath (SOB)/difficulty breathing, sore throat or runny nose.

Exposure criteria for a probable case is a person who, in the 14 days before onset of illness: had any history of travel outside of Canada; OR had close contact with a confirmed or probable case of COVID-19; OR is a close contact of a traveler with acute respiratory illness who returned from outside Canada in the previous 14 days; OR had a laboratory exposure to biological material (e.g. primary clinical specimens, virus culture isolates) known to contain COVID-19.